

**Supplementary Table 1.** ERAS protocol and compliance in the ERAS group (n = 136)

Variable	No. of patients (%)
Compliance with ERAS protocol	
No. of items per patient	18.1 ± 1.7 <sup>a</sup>
Compliance rate (%)	90.3 ± 8.5 <sup>a</sup>
Specific information	135 (99.3)
Immunonutrition	136 (100)
No bowel preparation	102 (75.0)
Limited fasting	135 (99.3)
Carbohydrate loading	124 (91.2)
No long-acting sedation	122 (89.7)
Antibiotic prophylaxis	136 (100)
Zero fluid balanced	124 (91.2)
Corticosteroid	132 (97.1)
Prevention of PONV	117 (86.0)
Normothermia	136 (100)
Locoregional analgesia	134 (98.5)
No abdominal or pelvic drainage	117 (86.0)
Avoidance of nasogastric tube	118 (86.8)
TED prophylaxis	131 (96.3)
Preventive opioid-sparing multimodal analgesia	120 (88.2)
Early termination of IV fluid infusion < 24 hr	115 (84.6)
Solid food intake at 24 hr	117 (86.0)
Early mobilization out of bed at 24 hr	133 (97.8)
Early termination of urinary drainage < 24 hr	113 (83.1)

ERAS, Enhanced Recovery After Surgery; PONV, postoperative nausea and vomiting; TED, thromboembolic disease; IV, intravenous.

<sup>a</sup>Mean ± standard deviation